

# THE GREAT RELAY™

The Great Relay is the biggest, longest pool-based relay competition in the United States. Teams of 8 or more swimmers see how quickly they can swim 5,000 yards or meters. There are a variety of competition categories that are eligible for national recognition: Age group, Team Type (Summer League, High School, Club) and Length of Pool.

The Great Relay supports the Trident Swim Foundation's Swimmer Scholar Program and encourages fun competition in swimming to raise awareness of the value of community-based athletic and academic programs to underserved communities in the inner city.

## GOAL

Swim 5,000 yards or meters as quick as possible with a relay team of 8 or more swimmers. (see Types of Teams and Rankings below.)

## LENGTH OF RACE AND ORDER OF SWIMMERS

The race will end once the team has completed 5,000 yards or meters of swimming. The order of the swimmers will be recorded on a Relay Order sheet before the start of the race. This order must be followed throughout the race beginning with the first swimmer and moving on through the last swimmer. The order will repeat until the race has been completed. Timers or a timing device will be used (see Official Recording Requirements below.)

## TYPES OF TEAMS AND RANKINGS

A team can qualify to be ranked in various categories. Teams can enter more than one category at no additional cost so long as the swimmer qualifies for the category.

The following categories will be ranked nationally and awarded at the end of the year:

Age (All relay swimmers must be in the age range on date of the relay)

- \* Junior Division (18 & Under)
- \* Open Division (All Ages Allowed)

Team Type (All relay swimmers must be members of the team on date of the relay)

- \* High School
- \* College
- \* Club Team
- \* Masters Club Team
- \* Summer League Team (Summer competition period only)
- \* The Great Mix (mix of 2 or more of the above types)

Gender

- \* Male
- \* Female
- \* Mixed (equal number of each gender are required)
- \* Open (any number of each gender)

Number of Participants

- \* 8 swimmers
- \* 9+ swimmers

- Pool Type
- \* 25 yards
  - \* 25 meters
  - \* 50 meters

Rankings will be posted on The Great Relay Results page at [www.thegreatrelay.org/results/](http://www.thegreatrelay.org/results/) throughout the year. Final rankings and awards will be distributed after the end of each calendar year (Jan 1 – Dec 31)

## **OFFICIAL RECORDING REQUIREMENTS**

The results of the Great Relay must be recorded with splits for each swimmer and submitted in one of two ways:

Digitally – using timing pads with a timer for each relay, and recorded and submitted via the website using the Meet Manager file format

Manually – each relay must have 2 timers with stopwatches recording each split on their Manual Split Sheet (available from your team page). The Manual Split Sheet is then signed and submitted via mail or through the website as a scanned PDF.

Although stroke and turn judges and takeoff judges are not mandated for official results, the Trident Swim Foundation expects all swimmers, timers, and volunteers to follow the official rules for strokes, turns, and relay starts.

## **AWARDS**

At the end of each calendar year, the Trident Swim Foundation will announce and distribute two types of awards for each category:

1. Speed – First, second, and third places for each category based on the shortest time of completion.
2. Fundraising Award – First place for the relay team that raises the most money across the pool of Great Relay teams.

## **DONATION LEVELS AND REWARDS**

Swimmers love to set goals and we strongly encourage each team to set a team fundraising goal of at least \$3,000. To encourage fundraising momentum, The Great Relay will further recognize team efforts based on the average amount of money your team raises per swimmer, per the below goals:

- \$200 fundraised per swimmer on team: Each swimmer will receive a Great Relay t-shirt
- \$500 fundraised per swimmer on team: Each swimmer will receive a Great Relay t-shirt and tote bag
- \$1000 fundraised per swimmer on team: Each swimmer will receive a Great Relay beach towel, t-shirt, and tote bag

All rewards will be sent to the team captain, or handed out at the event, once the team fundraising has been completed.