THE GREAT RELAY™

The Great Relay is the biggest, longest pool-based relay competition in the United States. Teams of 8 or more swimmers see how quickly they can swim 5,000 yards or meters. There are a variety of competition categories that are eligible for national recognition: Age group, Team Type (Summer League, High School, Club) and Length of Pool.

The Great Relay supports the Trident Swim Foundation's Swimmer Scholar Program and encourages fun competition in swimming to raise awareness of the value of community-based athletic and academic programs to underserved communities in the inner city.

Money raised goes toward our Swimmer Scholar Program. If you would like to split the proceeds of your fundraising efforts with another registered charity, you must contact the Trident Swim Foundation **before** the Great Relay event. After a minimum amount of $3,000 has been raised all proceeds will be split evenly between the Trident Swim Foundation and the registered charity of your choice.

GOAL

Swim 5,000 yards or meters as quickly as possible with a relay team of 8 or more swimmers. (see Types of Teams and Rankings below.)

LENGTH OF RACE AND ORDER OF SWIMMERS

The race will end once the team has completed 5,000 yards or meters of swimming. The order of the swimmers will be recorded on a Relay Order sheet before the start of the race. This order must be followed throughout the race beginning with the first swimmer and moving on through the last swimmer. The order will repeat until the race has been completed. Timers or a timing device will be used (see Official Recording Requirements below.)

TYPES OF TEAMS AND RANKINGS

A team can qualify to be ranked in various categories. Teams can enter more than one category at no additional cost so long as the swimmer qualifies for the category.

The following categories will be ranked nationally and awarded at the end of the year:

Age (All relay swimmers must be in the age range on date of the relay)
* Junior Division (18 & Under)
* Open Division (All Ages Allowed)

Team Type (All relay swimmers must be members of the team on date of the relay)
* High School
* College
* Club Team

* Masters Club Team
* Summer League Team (Summer competition period only)
* The Great Mix (mix of 2 or more of the above types)

Gender
* Male
* Female
* Mixed (equal number of each gender are required)
* Open (any number of each gender)

Number of Participants
* 8 swimmers
* 9+ swimmers

Pool Type
* 25 yards
* 25 meters
* 50 meters

Rankings will be posted on The Great Relay Results page at www.thegreatrelay.org/ results/ throughout the year. Final rankings and awards will be distributed after the end of each calendar year (Jan 1 – Dec 31)

OFFICIAL RECORDING REQUIREMENTS

The results of the Great Relay must be recorded with splits for each swimmer and submitted in one of two ways:
Digitally – using timing pads with a timer for each relay, and recorded and submitted via the website using the Meet Manager file format
Manually – each relay must have 2 timers with stopwatches recording each split on their Manual Split Sheet (available from your team page). The Manual Split Sheet is then signed and submitted via mail or through the website as a scanned PDF.

Although stroke and turn judges and takeoff judges are not mandated for official results, the Trident Swim Foundation expects all swimmers, timers, and volunteers to follow the official rules for strokes, turns, and relay starts.

AWARDS

After each Great Relay, Trident Swim Foundation will announce places and awards for:

Fundraising Awards – Best overall fundraiser - Grand Prize for the relay team that raises the most money across the pool of Great Relay teams.

DONATION LEVELS AND REWARDS

Swimmers love to set goals and we strongly encourage each team to set a team fundraising

goal of at least $3,000. To encourage fundraising momentum, The Great Relay will further recognize team efforts based on the average amount of money your team raises per swimmer, per the below goals:

- $250 fundraised per swimmer on team: Each swimmer will receive a Great Relay swim cap
- $500 fundraised per swimmer on team: Each swimmer will receive a Great Relay swim cap and tote
- $750 fundraised per swimmer on team: Each swimmer will receive a Great Relay swimcap, tote and t-shirt
- $1500 fundraised per swimmer on team: Each swimmer will receive a Great Relay beach towel, t-shirt, and tote bag

All rewards will be sent to the team captain, or handed out at the event, once the team fundraising has been completed.

SPLITTING DONATION TO OTHER CHARITABLE CAUSES

If your team chooses to split your fundraising efforts with Trident, please let us know ahead of the event. You can contact Kristin at kristin.gary@tridentswimfoundation.org. The other beneficiary must be a registered 501c3 charity and the split will be 50/50% with Trident over the first $3,000 raised.